

Journey Through Grief

The loss of a loved one is a life-altering event. **Journey Through Grief** is a six-week course that will explore the tasks of grief, offer the opportunity to share experiences with others who have lost a loved one, and provide information on how to cope with loss. Each session will provide both the support of others who are going through a loss and education about this difficult journey.

The group will be facilitated by Rita Rippentrop, MDiv, LCPC, Stenzel Clinical and co-facilitator Taylor Ericson, Masters Level Intern



Stenzel Clinical Services is a private counseling practice in Wheaton, Naperville, Geneva and Schaumburg, IL. We have over 50 therapists on staff, each with their own areas of expertise. Our mission is to help all people live their lives well.

When: Mondays, 6:30-8pm

November 1, 8, 15, 22, 29 and December 6, 2021

Where: Stenzel Clinical Services,

1616 E. Roosevelt Road, Wheaton

Please park on side or back of building

Cost: \$50/weekly session

(billable to insurance; inquire about scholarships)

To register: 630-588-1201

For more information visit: www.stenzelclinical.com

