



JOURNEY THROUGH GRIEF

The loss of a loved one is a life-altering event. **Journey Through Grief** is a six-week course that will explore the tasks of grief, offer the opportunity to share experiences with others who have lost a loved one, and provide information on how to cope with loss. Each session will provide both the support of others who are going through loss and education about this difficult journey.

The group will be facilitated by Rita Rippentrop, MDiv, LCPC Stenzel Clinical, and co-facilitator a Master's Level Intern

Stenzel Clinical Services is a private counseling practice in Wheaton, Naperville, Geneva, and Schaumburg, IL. We have over 45 therapists on staff, each with their own areas of expertise. Our vision is empowering all people to live their lives well.



**When: Mondays,
6:30-8:00 pm**

Option 1
January 30; February 6,
13,20,27; March 6

Option 2
April 17, 24; May 1,8,15,22

Where
Stenzel Clinical
Services

1616 E. Roosevelt Road,
Wheaton
*Please park on the side or back
of the building.*

Cost: \$50 /weekly session
(billable to insurance, inquire
about scholarships)

To Register:
630-588-1201

For more information
visit:
www.stenzelclinical.com